

## MICROTEACHING – EMOTIONAL RESPONSE OBL WORKSHOP

### KEY DECISION: RATIONALE

**DELIVERY:** Mindful and mediative – To insight relaxation and connection, tone of voice and delivery mode was considered (Mindful Pedagogy), set questions that could be answered with a varied outcome.

**Key Words:** mediative, relaxed, engaging

**CONTENT:** Minimal written information – I considered how participants could be encouraged to feel included and considered diverse learning needs (REFERENCE): graphics sans serif, space, and clarity of messaging.

**Key Words:** Clear, space, open

**VISUALS: –** Photos where visceral and easy to read, lighting and detail of each photo was considered and carefully selected.

**Key Words:** light, feeling, Visceral.

**FEELING:** As a digital delivery, the environment could not be controlled, so the slides were important 'scene setter' and emotional prompts – slides were designed to include white space, evoking thought, and imagination.

**Key words:** airy, flowing, open

**ENQUIRY: -** Questions to participants to become increasing more challenging, while remaining open to individual interpretation.

**Key Words:** Thoughtful, deepening, inclusive

**UNKNOWN: -** To remain open and mindful to any deviations and emotional responses arising from this experimental learning activity, with 'emotional response' being the unknown.

**Key words:** Love, Connection, Empathy